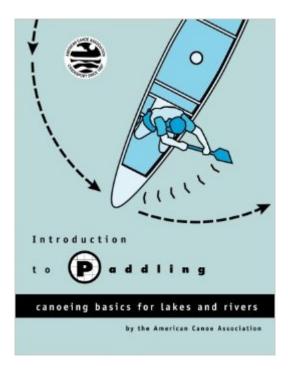# Introduction To Paddling: Canoeing Basics For Lakes And Rivers

Synopsis

This amply illustrated introduction to flatwater and river paddling will be an important resource for both instructors and those who like to teach themselves.

Book Information

Paperback: 32 pages

Publisher: Menasha Ridge Press; 1st edition (October 1, 1996)

Language: English

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ISBN-13: 978-0897322027

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (4 customer reviews)

Best Sellers Rank: #499,833 in Books (See Top 100 in Books)   #46 inÂ Books > Sports & Outdoors > Outdoor Recreation > Sailing > Instructional   #145 inÂ Books > Sports & Outdoors > Outdoor Recreation > Kayaking   #164 inÂ Books > Sports & Outdoors > Outdoor Recreation > Canoeing

Customer Reviews

The American Canoe Association's Introduction to Paddling, canoeing basics for lakes and rivers, is a short and clear introduction to canoeing. It describes the canoe and related equipment, how to use same, and several cautionary thoughts.The strokes described are few and clear, and river maneuvers and safety considerations are clearly laid out.A fine introductory handbook for any novice canoeist, and probably all that is needed for thye casual paddler

In the 26 pages (between Foreword and Glossary) there is an awful lot of good explanation on canoe basics, complemented with many and clear drawings. As a novice in canoeing, I learned a lot more than one could expect from such a thin book. Some techniques like re-entering-the-canoe-in-deep-water and boat-over-boat rescue technique seem better explained here than they are in some thicker books. (I write "seem" as I haven't tried yet at the time of writing this :-)).It should be noted that this is -as the title says- a basic introduction book; the book has all the information you need to get started. It will enable you to row and control a lot better than the average newbee in a rental canoe, but that is about how far it goes.

For a complete novice like me this book is an essential starter pack and easy to understand. I found

it to be a great teacher and agree that it is a starters book which will lead to safer canoeing and the correct thinking to further your learning through the experiences of other canoeists.

Great for helping teach my daughter how to paddle the canoe.

Introduction to Paddling: Canoeing Basics for Lakes and Rivers Canoeing Wild Rivers: The 30th Anniversary Guide to Expedition Canoeing in North America (How to Paddle Series) Expedition Canoeing, 20th Anniversary Edition: A Guide to Canoeing Wild Rivers in North America (How to Paddle Series) Paddling Maryland and Washington, DC: A Guide to the Area's Greatest Paddling Adventures (Paddling Series) Paddling Colorado: A Guide To The State's Best Paddling Routes (Paddling Series) Paddling Montana: A Guide to the State's Best Rivers (Paddling Series) Rivers and Rapids: Canoeing, Rafting and Fishing Guide; Texas, Arkansas and Oklahoma Canoeing & Kayaking South Central Wisconsin: 60 Paddling Adventures Within 60 Miles of Madison Stand Up Paddling: Flatwater to Surf and Rivers (Mountaineering Outdoor Experts) (Moes) Stand Up Paddling - ebook: Flatwater to Surf and Rivers (Moes) Florida Keys Paddling Atlas (Paddling Series) Bridge Basics 1: An Introduction (The Official Better Bridge Series) Bridge Basics 1 Coyote and Raven Go Canoeing: Coming Home to the Village (McGill-Queen's Native and Northern Series) Canoeing and Kayaking Florida (Canoe and Kayak Series) A Canoeing and Kayaking Guide to Kentucky (Canoe and Kayak Series) Canoeing and Kayaking New York (Canoe and Kayak Series) A Canoeing and Kayaking Guide to the Ozarks (Canoe and Kayak Series) Canoeing & Kayaking West Virginia (Canoe and Kayak Series) Rushton and His Times in American Canoeing The Best of Paddler Magazine: Stories from the World's Premier Canoeing, Kayaking and Rafting Magazine